

**Arizona Department of Health Services**  
Office for Children with Special Health Care Needs  
**PROGRAM INFORMATION**  
Family Resource Coordination  
Traumatic Brain Injury  
Spinal Cord Injury  
Children and Youth with Special Health Care Needs

### Family Resource Coordination

The Arizona Department of Health Services (ADHS) Office for Children with Special Health Care Needs (OCSHCN) provides Family Resource Coordination for members who have certain medical and/or behavioral conditions, traumatic brain injury, spinal cord injury, or other special health care needs.

ADHS/OCSHCN contracts with agencies throughout the state to provide Family Resource Coordination in each of the 15 counties in Arizona through a comprehensive, coordinated, interagency, multi-disciplinary, and family centered approach. A member's health and development are enhanced and complications ameliorated or eliminated as a result of Family Resource Coordination. Members/families are assisted in meeting their unique needs, thus relying less on assistance from others.

Family Resource Coordination ensures that the service delivery system is accessible for each enrolled member and family. Family Resource Coordinators are responsible for securing and coordinating services across agency lines, and serve as an initial point of contact in helping members/families obtain services and assistance.

### Traumatic Brain Injury (TBI)

Children and youth who are survivors of traumatic brain injury sustained before the age of 18 may receive Family Resource Coordination services. Young adults may continue to receive services, as needed, until age 21. Receipt of Family Resource Coordination services is based upon self/caregiver report and/or medical documentation of a traumatically induced physiological disruption of brain function as a result of:

- The head being struck
- The head striking an object
- The brain undergoing an acceleration/deceleration movement without direct trauma to the head
- Hypoxia/anoxia related disruptions in brain function because of a traumatic event

Head injury does not include vascular accidents, aneurysms, and congenital defects. Excluded are disruptions in brain function caused by stroke, tumor, encephalitis, etc.

### Spinal Cord Injury (SCI)

Children and youth who are survivors of a spinal cord injury sustained before the age of 18 may receive Family Resource Coordination services. Young adults who qualify may continue to receive services, as needed, until age 21. Receipt of Family Resource Coordination services is based upon self/caregiver report and/or medical documentation of a severance or severe injury to the spinal cord and or nerve roots caused by trauma which may result in partial or total paralysis of the arms or legs or both and which may also impair vital functions and motor functions defined as:

- Acute traumatic injury of the spinal cord and nerve roots
- Motor and sensory deficits

### Children and Youth with Special Health Care Needs (CYSHCN)

Children and youth to 21 years of age, who present with a broad range of disabilities or chronic illnesses diagnosed at any time during childhood, including the prenatal period, may receive Family Resource Coordination services through this program component. Such chronic conditions may necessitate adaptations, support, and or special services. Children and youth with special health care needs may require:

- Prolonged or periodic inpatient or outpatient hospitalizations that are longer than the average stay or with greater frequency than the general population
- Adaptations for daily living due to health related functional limitations
- A special level of expertise for treatment and/or services from multiple disciplines
- Special services in educational settings